

## Brainspotting Training Hub

Training hearts and minds from Singapore to Sydney, Athens to Auckland and into the shared field of human healing.

## ELIGIBILITY TO BECOME A BRAINSPOTTING CONSULTANT-IN-TRAINING:

## A POTENTIAL CONSULTANT IN-TRAINING:

- Has been a Certified Brainspotting Practitioner for a minimum of 1 year.
- Has attended, in person, the most recently developed trainings:
  - Phase 1 (3-day)
  - Phase 2 (3-day)
- Has attended at least three (3) of the following five (5) trainings:
  - o Phase 3
  - o Phase 4
  - o Phase 5
  - Master Class
  - Intensive experience
- Possesses characteristics of an Approved Brainspotting Consultant:
  - Self-initiates when they see help is needed
  - Organized
  - High level of communication skills (clarity and specificity)
  - Excellent at networking
  - Self-aware
  - o Highly attuned with clients and colleagues
  - o Responsible
  - Action-oriented
  - Creative
  - Engaged and involved consistently in Brainspotting community

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- Enthusiastic around wanting to spread Brainspotting
- Altruistic
- Commitment to Brainspotting Culture
- o Open-mindedness & willingness to learn
- Engages regularly in own Brainspotting sessions
- Affirms Brainspotting Culture
  - Has a spirit of growing Brainspotting
  - Is supportive rather than competitive
  - o Is aware of being a gatekeeper in Brainspotting
  - o Maintains an attitude of gratitude
  - Has willingness to do ongoing education/self-work
  - Strives to be inspiring
  - Supports non-hierarchical, inclusive approaches to Brainspotting Training and consultation
- Engages in activities that promote Brainspotting, such as (but not limited to) Institute Board Membership, attend consultation group as a member, running "Peer Support" groups, organizing and/or helping local trainings, giving "Info Sessions" about Brainspotting, etc.
- Demonstrates involvement in the Brainspotting Community